



BUD'S TOYS NEWS

www.bssn.org.au/budstoys

Coordinators Column

Welcome to another issue of BUD's Toy Library news, especially to our new members. For those of you who don't already know, the Toy Library has been invited to help organise the upcoming Healthy Families Expo in conjunction with Families NSW. The Healthy Families Expo is aimed at parents with children from 0-8 years, which would include most of our members. The Expo is planned to coincide with National Families Week and the Toy Library's second birthday. The aim of the day is to increase parents' knowledge and practical skills around a wide array of issues relating to children's health. The event will be held at the **Anglican Church Hall in Bellingden from 10am to 2pm on Thursday 15th May 2008**. There will be physical activities set up in the fenced outdoor area for children. These are being organised by a

variety of local service providers, including BUD's Toys. Inside the hall will be a number of interactive displays covering themes such as dental health, nutrition, immunisation, anti-smoking, breastfeeding, women's health and Mr Germ. There will also be baby massage and childhood first aid demonstrations, a bush tucker talk by the local Aboriginal Discovery Ranger, belly dancing workshops for kids, healthy food samples, show bags, a live performance by Bellingden Public School Stage 1 students and more! All of this is completely free, so I urge you to come down on the day and spend some quality time with your children. It will be a fun and informative day for all. I am also very pleased to announce that the toy library has been successful in receiving funding for a project entitled 'Healthy Active Kids'. I was hoping to

launch the project at the Healthy Families Expo, however there has been a significant delay in our funding agreement which has meant this is not going to be possible. We should be starting the project in the very near future though, so stay tuned for more information. I look forward to seeing plenty of toy library members at the Healthy Families Expo to help us celebrate our second birthday and National Families Week. Until then, happy, healthy playing!
Kirsti

BUD'S TOYS

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BUD'S Provides:

- ☺ Low annual membership and concession rates.
- ☺ Almost 400 quality toys to choose from.
- ☺ Convenient online joining, browsing and ordering of toys (or by phone if preferred).
- ☺ Toy collection agencies in Bellingden, Boambee East, Urunga & Dorrigo townships.
- ☺ Free internet access & assistance at each agency.
- ☺ Choice of 2 or 4 week loans.

NEW TOY PURCHASES

Thanks to those of you who have replied to my email regarding suggestions for new toys. So far I have had several requests for a balance bike, as well as for baby and toddler toys. In the past I have also had calls for a basketball hoop, a pirate

ship, and board games and card games for younger children (3-6 years). This is your last chance to make a request as I will be making the new toy purchases very soon. Toys with the most votes win, so call in, phone or drop me an email soon!

BUD'S TOYS

1 Elliot Close or PO Box 106
Bellingen 2454

Phone: 02 6655 2650
Fax: 02 6655 0627
Email: budstoys@bssn.org.au



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National Families Week

The 6th National Families Week will be held between 11 and 17 May 2008. This year's theme is: 'Work and Family - Getting the balance right' and all Australians, particularly working parents and employers, are urged to find ways to generate ideas and take actions which will improve work-family balance for themselves and others.

The central aim of National Families Week 2008 is to encourage all Australians to recognise that effectively balancing work and family makes for stronger families, workplaces and communities because it helps us to care effectively for our entire family, including the elderly, young, ill and those with a disability, and builds workplace productivity and morale.

During National Families Week you're encouraged to invest some time to celebrate the vital role of your family and to do things that will improve the all-round physical and emotional wellbeing of your family unit. Take the time to go for a family picnic, have that game of backyard cricket you planned all summer, catch up with friends/relatives for a walk in a local beauty spot, or spend some time talking and listening to all members of your family.

This month's toy features focus on toys that promote physical activity

Junior Trestle and Funboard



This set comes with 2 durable, strong plastic trestles designed for fun outdoor activities. The 180cm long funboard has a moulded arch in the centre enabling it to be used in conjunction with one trestle as a see-saw. Otherwise the funboard can simply be placed between the two trestles as a balance board to help improve your child's coordination.

Name: Junior Trestle & Funboard
Category: Outside & Active
Price per fortnight: \$15
Recommended age: 3 years plus

Jumping Bag Set

Perfect for birthday parties, these colourful, sturdy nylon sack bags also display numbers, corresponding words and dot patterns. Being specifically designed for preschool to lower primary school aged children, each bag is 60cm long with two secure handles for children to grasp.

Name: Jumping Bag Set
Category: Outside & Active
Price per fortnight: \$5/fortnight
Recommended age: 3 years



3 in 1 Goal

This three in one set can be reassembled into 3 different games: Target shot, soccer goal and rebound trainer. Great for developing coordination, gross motor skills and physical fitness. Please note: Some adult assembly required. Includes 20cm PVC ball.

Name: 3 in 1 Soccer Goal
Category: Sporting Equipment
Price per fortnight: \$9/fortnight
Recommended age: 3 years plus